



# THE ALGONQUIN OUTFITTERS 24-HOURS OF RIVER X

A 24-HOUR MARATHON PADDLING RACE WHERE SOLO, TANDEM, AND RELAY TEAMS RACE AGAINST THE CLOCK TO COMPLETE AS MANY LAPS OF A 10KM COURSE AS POSSIBLE IN 24 HOURS. THE 24-HOURS OF RIVER X. TIME IS YOUR TOUGHEST COMPETITION.

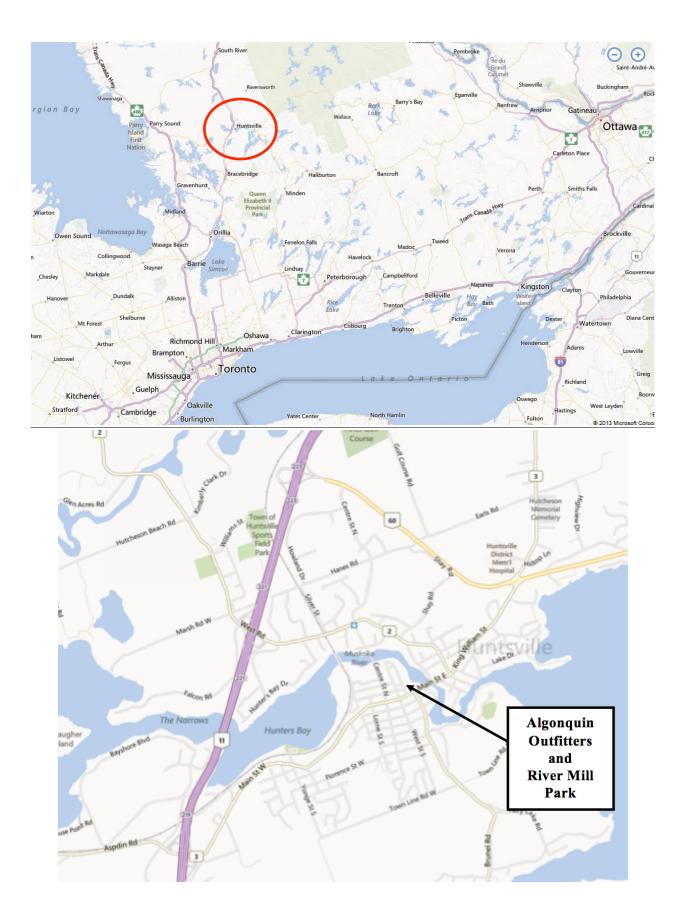
Not only a marathon paddle race, the Algonquin Outfitters 24-Hours of River X is also about teammates, families and friends coming together as a larger paddling community and sharing the commrodery of friendly competition. The Algonquin Outfitters 24-Hours of River X is a great weekend of paddle sport racing hosted within a festival-style camp site in the heart of downtown Huntsville.

# **HOW DOES THE RACE WORK?**

TEAMS ARE STATIONED OUT OF A CENTRAL EVENT HEADQUARTERS; RIVER MILL PARK, HUNTSVILLE, ONTARIO. EACH TEAM IS ASSIGNED AN AREA IN THE PARK FROM WHICH THEY HAVE SUPPPORT, AND TRANSITION RELAY TEAM MEMBERS. TEAMS PADDLE FROM RIVER MILL PARK, ALONG THE MUSKOKA RIVER TO FAIRY LAKE. FOLLOWING THE SHELTERED WESTERN SHORE OF FAIRY LAKE, TEAMS MAKE THEIR WAY BACK INTO THE NORTH MUSKOKA RIVER WHERE THEY TURN AROUND IN A SHELTERED BAY. THEY THEN RETRACE THEIR ROUTE TO THE TRANSITION ZONE AT RIVER MILL PARK. UPON ARRIVING AT RIVER MILL PARK, TEAMS EXIT THE WATER AND PORTAGE THEIR WATERCRAFT THROUGH THE TRANSITION AREA, CONFIRMING THEIR LAP WITH RACE MARSHALS AND RECEIVING SUPPORT AND RESUPPLIES FROM SUPPORT TEAMS. RELAY TEAMS CAN CHANGE THEIR PADDLERS WITHIN THE DESIGNATED TRANSITION ZONE. TEAMS THEN RE-ENTER THE MUSKOKA RIVER AND COMPLETE THE PROCESS ALL OVER AGAIN, PADDLING AS MUCH AS THEY CAN (*OR AS LITTLE AS THEY WANT*) FOR **24**-HOURS. THE TEAM THAT COMPLETES THE MOST LAPS WILL BE CROWED THE WINNER, IN EACH CATEGORY.

# THE VENUE: RIVER MILL PARK, HUNTSVILLE, ONTARIO

LOCATED IN THE TOWN OF HUNTSVILLE, IT IS EASY TO UNDERSTAND WHY THIS IS THE PERFECT PLACE TO HOST THE ALGONQUIN OUTFITTERS 24-HOURS OF RIVER X. RIVER MILL PARK IS CENTRALLY LOCATED IN THE HEART OF DOWNTOWN HUNTSVILLE. SURROUNDED BY DOCK-SIDE RESTAURANTS, BOUTIQUE SHOPPING, A SHORT PORTAGE FROM DRIVE-UP ACCOMMODATIONS, AND WITH MUSKOKA'S PREMIERE OUTFITTER, ALGONQUIN OUTFITTERS, LOCATED RIGHT NEXT DOOR THERE IS LOTS TO DO FOR THE FAMILY, FRIENDS OR TEAMMATES WAITING FOR THEIR NEXT LAP. THERE IS EVEN A FULLY STOCKED PLAYGROUND ON SITE FOR THE KIDS. THE PARK FEATURES A LARGE OPEN GRASSY AREA, BAND STAND, AND PARKING FOR OVERNIGHT VEHICLE CAMPING. AND WITH DOCKSIDE ACCESS TO THE MUSKOKA RIVER AND THE EXPANSIVE MUSKOKA WATERSHED THIS SETTING IS NATURAL STADIUM FOR PADDLE SPORT RACING. LOCATED ABOUT 2.5 HOURS FROM THE GREATER TORONTO AREA, 4 HOURS FROM OTTAWA AND 5.5 HOURS FROM WINDSOR, ITS EASY TO SEE WHY THE ALGONQUIN OUTFITTERS 24-HOURS OF RIVER X IS A GREAT WEEKEND OF FUN AND COMPETITION



# WHERE & WHEN

JUNE 14-16-17, 2018 RIVER MILL PARK, HUNTSVILLE, ONTARIO CANADA

#### **START TIMES**

 TANDEM CANOES:
 12:00PM SATURDAY, JUNE 16, 2018

 SOLO PADDLERS:
 12:05PM SATURDAY, JUNE 16, 2018

#### **MANDATORY FINISH TIMES**

TANDEM CANOES:12:00 NOON SUNDAY, JUNE 17, 2018SOLO PADDLERS:12:05PM SUNDAY, JUNE 17, 2018

# RANKING & AWARDS

#### **RACE WEEKEND CHECK-IN**

 FRIDAY, JUNE 15, 2018:
 5PM TO 9PM

 SATURDAY, JUNE 16, 2018:
 6AM TO 10AM

# LAST LAP START TIMES

 TANDEM CANOES: 10:59:59AM SUNDAY, JUNE 17, 2018

 SOLO PADDLERS:
 11:04:59PM SUNDAY, JUNE 17, 2018

TEAMS MUST FINISH THEIR LAST LAP BEFORE THE MANDATORY FINISH TIME TO HAVE THEIR LAST LAP COUNT TOWARDS THEIR TOTAL. THE CLOCK WILL STOP WHEN IT REACHES THE MANDATORY FINISH TIME AND THE RESULTS WILL BE FINALIZED. THE NUMBER OF COMPLETED LAPS REGISTERED WHEN THE CLOCK IS STOPED WILL BE THE OFFICAL NUMBER OF LAPS COMPLETED FOR EACH TEAM. AWARDS WOULD BE HELD AFTERWARDS.

# **24 HOURS OF RIVER X CAMPING GUIDE**



#### **RIVER MILL PARK SITE MAP**

#### CAMP SITE TYPES

- BAG DROP SITES: Approximately 100 square feet on a grass surface: Enough space for a boat, gear bags and maybe a bevy. Perfect for a solo or tandem team. Included in registration.
- TENT/CAMPING SITES: Approximately 400 square feet on a grass surface. Ideal for a relay team using tents or a solo/tandem team wanting more space for family or friends to hang out. Available for an additional fee, on a first-come first-serve basis.
- VEHICLE CAMP SITES: The size of 2 parking spots. For teams wanting the comfort of a pick-up truck, camper van or trailer, these sites have enough room for a vehicle and space for the team to hang out or a vehicle and trailer. Available for an additional fee, on a first-come first-serve basis.

#### PARKING

- BAG DROP and TENT/CAMPING SITES: Team vehicles will be parked remotely, a short walk from River Mill Park (approx. 150m)
- VEHICLE CAMP SITES: Team vehicles can be parked within the allotted parking lot space. Additional vehicles will be parked remotely, a short walk from River Mill Park (approx. 150m).

#### SITE SET-UP AND TEARDOWN

- Teams will have access to the camp sites at 8am Saturday morning
- Sites must be set up before the start of the event.
- Teams must have their River Mill Park camp sites cleaned up by 4pm Sunday

# **IMPORTANT – BE PREPARED**

Teams are responsible for all supplies necessary for the weekend, including shelter, food, camping equipment, sleeping mats/bags, lighting, storage units, etc.

#### **COOKING & FOOD**

- Food and water are not supplied.
- There is no central cooking facilities at River Mill Park.
- Food preparation can occur at your camp site.
- Cooking may be done using traditional camp stoves, "Colman Stoves", or portable BBQ units.
- No open-fire cooking.
- Teams are responsible for bringing their own cooking facilities.
- There are many eating establishments including fast food, quick meals, pubs and traditional restaurants all within the immediate vicinity of River Mill Park.
- There are two 24-hour convenience stores within 200 meters of River Mill Park.
- There is a full-service grocery store 550m from River Mill Park: Price Choppers, 12 Cann Street (across the bridge, behind Boston Pizza)

#### FACILITIES

- Portable toilets facilities will be on-site.
- No shower facilities on-site: Teams desiring private facilities throughout the weekend are encouraged to rent accommodation from one of the motels located within 500-600 meters of

River Mill Park. We recommend the King William. Reference "Muskoka River X" for a discounted rate. (https://www.choicehotels.com/ontario/huntsville/rodeway-inn-hotels/cn975)

- No electricity at campsites.
- Teams are encouraged to use battery-powered devices: Generators are discouraged.
- Teams are encouraged to supply their own lights for their camp sites
- Playground for kids located within River Mill Park

#### **SHOPPING AND SUPPLIES**

- Paddling gear and camping supplies are available at Algonquin Outfitters, located immediately beside River Mill Park.
- Clothing and boutique shops all within the immediate vicinity of River Mill Park
- Canadian Tire approx. 1km from River Mill Park
- There are two pharmacies within 100m of River Mill Park.
- Banking: Royal Bank, TD, and CIBC all within 150m of River Mill Park

#### WASTE REMOVAL

- There is a **zero tolerance** rule for waste and garbage being left in the park or on the course at the end of the event.
- Teams are required to ensure their campsites are maintained in a clean manner.
- Centralized waste bins will be on-site for both garbage and recycling.

### **CAMP SITE RESTRICTIONS**

- No Open Fires / No bon-fires.
- No tent pegs longer than 6 inches. Traditional tent pegs are OK. Use sandbags, barbell weights or pails filled with water as weights for tents if extra stability is required. There is an irrigation system located in the park. Participants will be held 100% responsible for damage to the irrigation system resulting from stakes, pegs, or other items inserted into the grass turf.
- Please refrain from using guidelines to tie down tents (trip hazard).
- No littering
- Amplified music or excessively loud noise is not allowed between the hours of 11pm and 7am, in accordance with local bylaws.
- No cutting of vegetation or damage to park grounds
- No digging of any kind
- No use of alcohol or drugs

#### PETS

- Pets must be kept on a leash at all times.
- Pets must be kept under the control of the owner at all times.
- Pet owners are responsible for cleaning up animal waste and disposing of it appropriately.

# **24 HOURS OF RIVER X COURSE**

# 10km return including transition zone portage



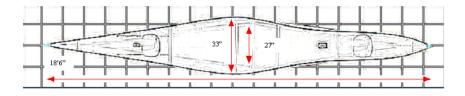
# **TEAM CATEGORIES**

# C2 Marathon

- 2 Male Paddlers
- 2 Female Paddlers
- 2 Co-Ed Paddlers
- Relay of 3 to 8 Paddlers



Maximum overall length 18 feet 6 inches; minimum width 27 inches, 3 inches above the bottom, measured within 12 inches of the longitudinal center, not counting keels, at the widest part of the canoe. Minimum width at the gunwales, skin to skin, shall be 33 inches, within 12 inches of the longitudinal center. Minimum 15-inch high bow measured from the bottom baseline.



# C2 Stock

- 2 Male Paddlers
- 2 Female Paddlers
- 2 Co-Ed Paddlers
- Relay of 3 to 8 Paddlers



Maximum overall length of 18'6". Minimum width of 14.4% of length at 4" waterline (i.e., 32" for 18'6" length / 29.4" for 17' length). Minimum depth @ Bow (16"), Centre (12 ") and Stern (16"). Canoes with concave hulls are not permitted. Pro-class or modified boats that are specifically designed for flat-water racing are not permitted. Skegs or rudders are not permitted.

# C2 Rec (Recreational)

- 2 Male Paddlers
- 2 Female Paddlers
- 2 Co-Ed Paddlers
- Relay of 3 to 8 Paddlers



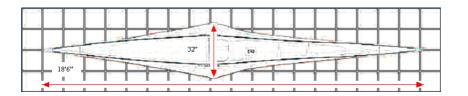
Any non-racing canoe that is 17 feet long or less with a minimum 32" width at the 4-inch waterline.

# C1 Marathon

- Solo Male
- Solo Female
- Relay of 2-4 paddlers



Hull specifications shall conform to current USCA specification in effect. Currently USCA rules are 18' 6" maximum length and beam ratio of 0.14375 of the length (i.e. maximum beam of 32") measured 4" above the bottom and within 12" fore and after of the center of the canoe. Minimum bow high is 15.5" and minimum depth is 11.5". Skegs or rudders are not permitted.



# C1 Stock

- Solo Male
- Solo Female
- Relay of 2-4 paddlers



Maximum length of 17'2" and Minimum length of 15'. Canoes with concave hulls are not permitted. Pro-class or modified boats that are specifically designed for flat-water racing are not permitted. Skegs or rudders are not permitted.

# **K1 High Performance**

- Solo Male
- Solo Female
- Relay of 2-4 paddlers



Greater than 10.99:1 length to width ratio – see <u>http://soundrowers.org/wp/boat-classes/</u> for a list of kayaks that meet specification as per Sound Rowers. This category includes ICF sprint and marathon kayaks, and various models of racing surf skis. See below for an example of this type of boat.



# K1 Fast

- Solo Male
- Solo Female
- Relay of 2-4 paddlers



9.25:1 to 10.99:1 length to width ratio - see <u>http://soundrowers.org/wp/boat-classes/</u> for a list of kayaks that meet specification as per Sound Rowers. This category includes traditional sea kayaks with fast hull designs, performance surf skis, and performance kayaks.



# **K1** Touring

- Solo Male
- Solo Female
- Relay of 2-4 paddlers



Less than 9.25:1 length to width ratio - see <u>http://soundrowers.org/wp/boat-classes/</u> for a list of kayaks that meet specification as per Sound Rowers. This category includes various traditional sea kayaks as well as non-performance surf skis.



# **Stand-Up Paddle Board (SUP)**

- Solo Male
- Solo Female
- Relay of 2-4 paddlers

Is an open class but must meet the following specifications:

Length:	Minimum of 11'6" / 14' maximum
Width:	No minimum / No maximum



#### **PADDLES**

- 1. All Canoes and SUPs must be paddled with single-blade paddles.
- 2. All styles of paddles are permitted included bent-shaft paddles (canoe/SUP) and wingstyle paddles (kayak). Carbon, wood, or plastic paddles are permitted.

# ALGONQUIN OUTFITTERS RENTAL PROGRAM

- > Limited quantities available, "first-come, first-served" for reserving specific models.
- The rental must be picked up at our Oxtongue Lake location (30 km east of Huntsville on Hwy 60) but may be returned to our Huntsville store, located at the finish line.
- Tandem package includes canoe (equipped with carrying yoke), safety kit, two bent-shaft or traditional paddles, two PFDs, car top carrier (foam blocks and straps). Solo package includes canoe, detachable carrying yoke, safety kit, bent-shaft or traditional paddle, PFD, car top carrier (foam blocks and straps).
- Pick up canoe Thursday, Sept. 15 after 3 pm, or Friday, Sept 16 after 8 am, return by 2 pm Sunday, Sept 18.
- > PRICING: Contact Gordon Baker for details.

# C2 Stock

Swift 222 Cruiser 18.5', Swift Winisk 17.5', Swift Temagami 17.5',

# C1 Solo

Swift Shearwater 16.5', Swift Keewaydin 15'

# C2 Rec

Swift Algonquin 17', Swift Prospector 17', Swift Keewaydin 17', Swift Kipawa (16'6"), Swift Keewaydin 16, Swift Prospector 16

# CONTACT

Gordon Baker Algonquin Outfitters 1035 Algonquin Outfitters Road Dwight, ON, Canada P0A 1H0 phone: 1-705-635-2243 toll-free reservations: 1-800-469-4948 / fax: 1-705-635-1834 email: info@algonquinoutfitters.com

# **RECOMMENDED ACCOMODATIONS**

#### KING WILLIAM INN

http://www.kingwilliaminn.com/ or call 1-888-995-9169

- Just 500m from River Mill Park: Race the 24-Hour with the comfort of a king-sized bed, a private washroom and hot shower.
- Easy access to your vehicles and gear. All rooms exit onto the parking lot.
- Now with high-resolution security cameras watching your vehicles. Your boats are safe on your vehicles.
- Reference <u>Muskoka River X</u> for reduced rates

# THE RULES

### THE ORGANIZER

The Algonquin Outfitters 24 Hours of River X is organized and staged by River X Racing Inc. (Race Management). Race Management reserves the right to add, modify, replace or cancel venues or events at any time. Race Management reserves the right to make amendments to the rules and regulations at any time. In the event that changes are made Race Management will announce the updates on their web site and social media channels as soon as possible.

### TEAMS

Each team (solo/tandem/relay) must register in one of the defined categories. A team must consist of the registered members throughout the race. No substitution is permitted after on-site check-in is completed. All members of the team must be in good physical condition and be of reasonable health. All team members must complete a medical form to verify this.

It is expected that all team members are competent in:

- 1. Paddling the vessel indicated within their chosen category.
- 2. Self-Rescue techniques.
- 3. Basic map reading/navigation.

Age Limits: No individual 12 years or younger shall participate in the event unless accompanied by an individual 18 years of age or older. Competitors 17 years of age or younger require a signed waiver from a parent or legal guardian. No competitor 12 years of age or younger shall compete in the solo categories.

#### REGISTRATION

Each team/competitor must register and complete payment using the on-line registration system before the closure of the registration period. There is no registration of teams during race weekend.

Each team/competitor must complete the on-site check-in procedure with Race Management during the defined periods for the following purposes:

- 1. Submission of signed and completed medical forms for each competitor
- 2. Submission of signed waiver for each competitor.
- 3. Payment of any outstanding fees.
- 4. Receipt of map, team numbers, assignment of transition area, etc.

To be considered officially registered each competitor must submit his or her own required paperwork and complete payment in full before the close of on-site check-in.

Race Management reserves the right to restrict access to the event for any competitor without explanation. Race Management reserves the right to remove any competitor from the event should Race Management feel that the competitor is not suitably prepared for the event or may act in a way that may be harmful to themselves, other participants/volunteers/staff/community members, or the event as a whole. In this situation the competitor will be notified immediately and their full entry fee will be refunded; in situations where race management has refused participation and fees have already been paid.

#### **REFUND POLICY**

Upon completion of registration, commitment is consider 100%. A refund of 50% of total amount paid may be requested up to 4 weeks prior to the event date. No refunds or transfers of funds to other events will be considered under any circumstance within 4 weeks of the event date.

### CANCELLATION

If the race is cancelled or postponed as a result of factors beyond the control of Race Management including but not limited to severe weather, war, flood, pandemic, or anything else that may make the event dangerous to participants, staff or volunteers, Race Management will reschedule the event to the subsequent year. No refunds will be issued if a rescheduled date is not possible. If a new date is offered, no refund will be granted to registrants who are unable to participate in the rescheduled event.

### NAVIGATION

Teams will be provided with maps of the course. All waypoints/features necessary for navigation will be indicated on the map. Navigation is straight forward using "line of sight" however it is recommended that teams carry a compass in the event that a bearing is required to confirm direction of travel, especially during the night.

### **RULES FOR USING MULTIPLE WATERCRAFT**

Teams may switch watercraft as long as the watercrafts are of the same specification. For example, relay teams may use two or more boats, allowing each pair of paddling partners to have their own watercraft. Switching watercraft can only be done within the transition zone.

#### **TEAM IDENTIFICATION**

All teams will be provided with adhesive "race bibs" that indicates the team's race number. This bib must be attached to the right and left bow (front) of the watercraft. Solo teams will be issued one (1) set of bibs while relay teams will be issued four (4) sets of bibs. Teams are free to wear any other items/logos as long as they are free of profanity, vulgarity, or discriminatory references.

#### SAFETY

Please refer to the Ontario Marathon Canoe and Kayak Racing Association web site for the OMCKRA safety policy. <u>http://www.omckra.com/images/documents/omckra\_safetypolicy.pdf</u>

- 1. In accordance with Transport Canada requirements for human powered pleasure crafts, all teams are required to have the following items at all times during the event, while on the water. Failure to comply with these requirements will result in disqualification.
  - a. 1 paddle per competitor
  - b. Buoyant towline of >50 feet (i.e., throw bag).
  - c. Bailing device (canoe or closed kayak). Self-bailers are permitted.
  - d. Each competitor must wear a Coast Guard approved PFD at all times during the water sections of the course. Self-inflating PDFs are permitted.
  - e. Whistle attached to the PDF at all times.
- 2. Signal Light/Beacon: For boat identification and safety. MANDATORY while on the water, the signal light-beacon must be turned on at dusk and must remain on until sunrise. The light must be attached to the stern or bow of the watercraft in a manner that allows the watercraft to be identified in a 360-degree manner. Example of a stern light is a rear bicycle light.

- 3. Navigation Light: For night navigation. It is mandatory that while on the water, each team must be in possession of a navigation light. The light is not required to be on at all times but between dusk and dawn. Example of a navigation light is a front bicycle light.
- 4. All teams are required to be proficient in self-rescue techniques, enabling themselves to re-enter their watercraft should they capsize.
- 5. All teams will remain within 100m of the shoreline at all times during the event unless needing to make a crossing.
- 6. Teams are required to provide assistance to another team in distress for example, a capsized boat, broken paddle, and physical injury. If a participant is in physical distress, facilitate getting the participant to the nearest shoreline and flag down a patrol boat for assistance. Teams are encouraged to carry cells phones should they need to call for assistance.
- 7. If a participant is experiencing physical symptoms at any point during the event (i.e., chest pain, shortness of breath, shoulder/back pain) they should return to start line as soon as possible or call Race Management for assistance.
- 8. Participants are required to supply all of their hydration and nutritional needs for the duration of the event. Participants will be strongly encouraged to maintain good levels of hydrations and nutrition throughout the event. If, during the event, they require additional hydration/nutrition they should flag down a patrol boat for assistance. If participants are experiencing any adverse physical symptoms upon arrival at the finish line they are strongly encouraged to access medical attention from event staff.
- 9. At predetermined locations along the course teams will be monitored for their status and safety. Teams not accounted for and/or as determined by Race Management will trigger an emergency response plan that may include search and rescue or evacuation from the course. Should Race Management or a member of the safety team conclude that a competitor is unfit to continue the race, the competitor may be removed from the race for safety reasons. That said if a team does have an adverse event it is the team's responsibility to ensure they are competent in self-recuse, get to shore and contact Race Management for assistance.
- 10. Severe weather conditions (i.e., high wind/wave, small craft warnings, etc.) may restrict safe travel for certain sections of the course. Race Management reserves the right to make changes to the course or restrict travel on certain sections due to weather conditions.
  - a. If conditions are such that a team/participant is not able to safely travel they should make their way to shore and call Race Management for assistance.
  - b. During periods of active lightening, all teams are expected to remove themselves from the water in the safest manner possible. Teams will remain on dry land until lightening has passed before continuing the race. Failure to do so will result in disqualification.

# ALCOHOL/DRUGS

The use of illicit or illegal drugs, alcohol, or prescription medication not for the purpose of medical conditions is strictly prohibited and will result in immediate disqualification from the event.

# PENALTIES

Race Management reserves the right to issue penalties for violations of the rules and regulations of the

event. The severity of the time penalty will be dependent on the offence. Certain situations may result in disqualification and these situations have been previously noted. Examples of violations that would result in the team score being reduced by one course (1) lap as a penalty include but are not limited to,

- Not registering with Race Management within the designated transition zone for each lap
  - One lap per infraction: Teams must register with race management for the lap to count
- Not following the prescribed rules for safe travel
- Deviation from the defined route
- Unfair behavior

Examples of violations that would result in disqualification include by are not limited to,

- Not wearing a PFD while on the water.
- Not having a signal/beacon light turned on between dusk and dawn, while on the water
- Failure to provide assistance to a team in distress
- Missing mandatory equipment

### **ENVIRONMENTAL RESPONSIBILITY**

All event participants must act in an environmentally responsible manner at all times during the event, including during registration, pre-race activities and post-race activities. Specifically, teams should obey the following principles:

- 1. No litter, gear or any other object will be left on the racecourse, at the start line or host site except in designated disposal locations.
- 2. No cutting of vegetation of any type or deliberately causing unnecessary damage to vegetation or unnecessary erosion in areas with loose ground.
- 3. Every effort must be made to avoid harassing animals of any type in their natural habitat. In all encounters with wild animals, the animal has the right of way.