



Muskoka River X CLASSIC Mandatory Gear List

Team Number & Name: _____

Category: _____

Pass / Fail : _____ (Race Staff)

MINIMUM TEAM REQUIRED GEAR	PER TEAM	
Number plate (<i>provided in race kit</i>)		
Maps and Course Details (<i>provided in race kit</i>)		
GPS transmitter (<i>provided in race kit</i>)		
Orange garbage bag (<i>provided in race kit</i>)		
A buoyant towline of >50ft		
Bailing device (<i>canoe/kayak only</i>) In-floor bailer allowed.		
Navigation Lights (battery life x 24 hours of use)		
Signal Light/Beacon (battery life x 24 hours of use) Must be turned on at dusk and remain on until teams arrive at the Finish Line, or sunrise. Stern or bow.		
One (1) Cell Phone and water-tight bag		
One (1) Compass		
One (1) Timing device		
Waterproof map bag		
Dry bag		
Waterproof method of starting fire		
One (1) Utility Knife		
Shelter / Tarp capable of keeping entire team protected from the elements (no plastic bags, silver emergency blankets, etc.)		
Basic First Aid Kit including (Closure bandages (x8); Adhesive Tape (1 roll); Gauze Roll (1 roll); Blister Pads (x8); Antibiotic Ointment (1 tube); Antibacterial Towelettes (x8); Anti-Inflammatory Tablets (x6); Electrolyte Replacement (x4 servings); Tensor Bandage (1 roll); Scissors (x1)		
Hull Repair Kit		
MINIMUM REQUIRED GEAR Per Individual Participant	Competitor #1 (C1/Kayak/SUP Solo)	Competitor #2 (C2 Tandem)
One (1) paddle		
One (1) Life Jacket must be <u>worn at all times while on the water or in the water</u> (self-inflating PFDs not permitted - Canadian Department of Transportation/U.S. Coast Guard approved)		
One (1) Whistle		
One (1) Emergency Headlamp/flashlight		
One (1) wind/waterproof jacket and pant set.		
One (1) fall-winter/medium-heavy weight full-length top and bottom clothing set (<i>non-cotton</i>) + one (1) set medium-heavy weight socks (<i>non-cotton</i>): In addition to clothing already worn by the competitor at the start of the race.		
One (1) toque / hat that provides warmth + set of gloves that provides warmth		
One (1) emergency blanket for warmth (e.g., SOL Emergency Bivvy, Sleeping Bag, etc.)		
Minimum 2 L capacity for hydration		
Means of making clean, drinking water for race + 24 hours		
Race Nutrition x 24 hours + Emergency Nutrition minimum 2000 calories		
Soled footwear sufficient for portaging		
ADDITIONAL REQUIREMENTS		
Event Waiver per racer		
Medical Form per racer		
\$100 Refundable Deposit for GPS Tracker	Deposit:	Refund:
Watercraft Make/Model:		

Comments on the Back