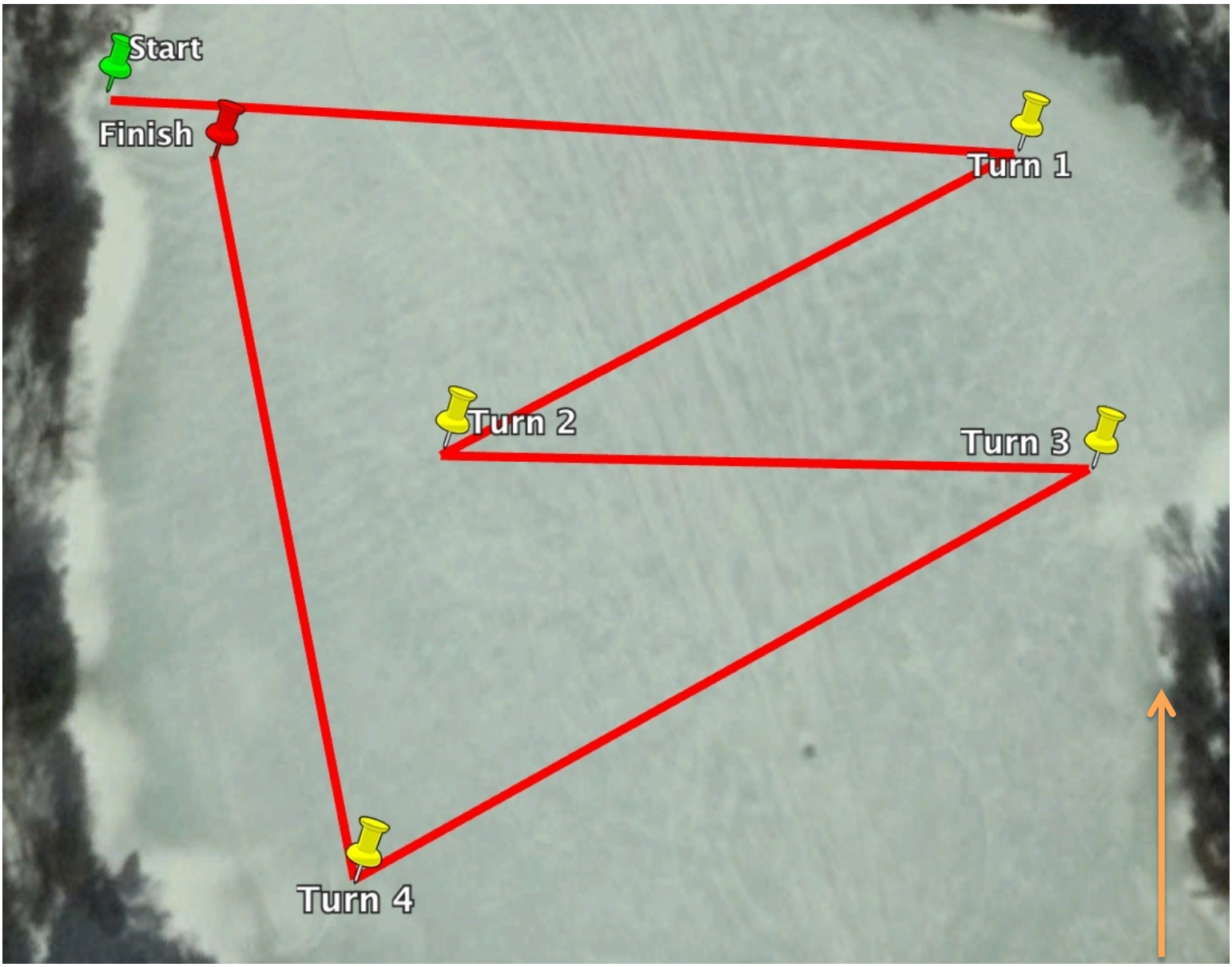

SATURDAY, JUNE 15, 2019

Battle of the Paddle = 1 lap for each elimination race

- Complete all Turn Markers in sequential order
- Heat disqualification for a missed turn marker

EMERGENCY NUMBER
705-349-2566 OR 705-571-1159

1. In accordance with Transport Canada requirements
    a. 1 paddle per competitor
    b. Buoyant towline of >50 feet (i.e., throw bag).
    c. Bailing device (canoe or closed kayak). Self-bailers are permitted.
    d. Each competitor must wear a Coast Guard approved PFD at all times during the water sections of the course. Failure to do so will result in disqualification. Self-inflating PFDs are permitted.
    e. Whistle attached to the PFD at all times.

2. Teams are required to provide assistance to another team in distress for example, a capsized boat, broken paddle, and physical injury. If a participant is in physical distress, facilitate getting the participant to the nearest shoreline and flag down a patrol boat for assistance. Teams are encouraged to carry cells phones should they need to call for assistance.

3. If a participant is experiencing physical symptoms at any point during the event they should return to start line as soon as possible or paddle to shore and call Race Management for assistance.

4. Participants are required to supply all of their hydration and nutritional needs for the duration of the event. Participants of the 30km and 40km events may resupply nutrition and hydration at the designated feeding station, located beside the start/finish line. If, during the event, they require additional hydration/nutrition they should flag down a patrol boat for assistance. If participants are experiencing any adverse physical symptoms upon arrival at the finish line they are strongly encouraged to access medical attention from event staff.

5. Should Race Management or a member of the safety team conclude that a competitor is unfit to continue the event the competitor may be removed from the event for safety reasons. That said if a team does have an adverse event it is the team's responsibility to ensure they are competent in self-recuse, get to shore and contact Race Management for assistance.

6. Severe weather conditions (i.e., high wind/wave, small craft warnings, etc.) may restrict safe travel for certain sections of the course. Race Management reserves the right to make changes to the course or restrict travel on certain sections due to weather conditions.

    a. If conditions are such that a team/participant is not able to safely travel they should make their way to shore and call Race Management for assistance.
    b. During periods of active lightening, all teams are expected to remove themselves from the water in the safest manner possible. Teams will remain on dry land until lightening has passed before continuing the race. *Failure to do so will result in disqualification.*

7. No Intentional Interference / No Physical Contact: Given the nature of the events, it is foreseeable that watercraft of opposing teams may come in contact with each other. It is foreseeable that this may occur in an accidental, non-intentional manner. *Should a participant touch/hold/push/pull an opponent's watercraft or intentionally interfere with an opponent this participant will be issued a time penalty (THE OX) or will be designated as losing the heat (BATTLE OF THE PADDLE).*